

Ashgrove Medical Centre

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Thornhill, Ontario L4J 6W9
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Fax: (905) 881-1721October 28th 2004Dr. C. F [REDACTED]
875 Eglinton Ave. West
Toronto, ON M6C 3Z9Re:
OHIP:

Dear Dr. F [REDACTED]

I had the pleasure of seeing [REDACTED] in follow-up. As you know, she is a pleasant woman with diabetes and hyperlipidemia as well as obesity. She is being followed by Dr. Poon and has lost about 72 pounds. She is currently on Novolin 30:70, 5 units in the morning and 5 units before supper. She is also on Metformin 1 gm b.i.d. With respect to her hyperlipidemia, she is on Lipitor 10 mg. She also takes Altace, Lasix, Lozide and atenolol. She has been seen recently for her eyes and although she has diabetic retinopathy, this is stable. She was found to have a cataract. Her most recent sugars have shown that they are a bit high in the morning as she has not been as compliant as she had been with her diet and they are ranging between 8 and 9. In the afternoon, her glucose is well controlled.

LDL	2.24
HDL	1.57
Triglycerides	1.61
Microalbumin to creatinine ratio	.5

Impression and Plan

[REDACTED] has done extremely well with weight loss. She has been able to reduce her insulin to 5 units b.i.d. I am sure she will be successful to lose more weight and come off the insulin completely. I have suggested that she try to increase her social activity so that she will not have as much emotional eating. As she is doing well, I will see her in four months time.

Thank you for asking me to participate in the care of your patient.

Sincerely

Dictated but not read

D. S [REDACTED], MD, FRCPC

DS/jw
Copy to chart

Dr. Poon